



Assembly... Plus!

This pack is aimed at encouraging Year Six students to consider assembly themes in more depth. You can of course adapt the ideas below for any year group. We hope they will get your class thinking and talking about the topic.

All of our resources are available to download at: www.splashschools.org.uk/resources

Lesson objective: explore how to feel enthusiastic and encourage enthusiasm in others.

Introduction:	At the beginning of our assembly, someone was talking very enthusiastically about bananas! Ask the class to think of something they are enthusiastic about. Can they talk enthusiastically about their specialist subject for 1 minute without pausing or saying um/er? Try this challenge with a few volunteers. Did anyone make you feel interested and excited about their chosen topic?	
Main:	<p>Listen to the song <i>Granted</i> by Josh Groban while looking at the lyrics. You can watch a lyric video here or use printed song lyrics (see resource sheet). Discuss the song together – here are some questions but your class may have other ideas.</p> <p>What is the message of this song? Do you ever take things for granted? What are you grateful for? How does being grateful help us to be enthusiastic? Does the chorus encourage you? Does encouragement support enthusiasm? Why have we chosen to share this song after an assembly about enthusiasm? (After all, it doesn't mention the word.) How can you help others to be grateful, feel encouraged and keep their enthusiasm?</p>	<p>We heard about an enthusiastic Bible character in the assembly – Paul. There are other characters that give us a great example of enthusiasm. You could ask students to explore <u>Zacchaeus</u> or <u>Nehemiah</u>, or perhaps give them the choice. There may be other Bible characters that they or you would like to look at.</p> <p>Using classroom Bibles (or resource sheets) and/or usual research tools, children find out about their character and talk about their example of enthusiasm.</p> <p>What were they enthusiastic about? Did they enthuse others? How? They could write about this or create an interview skit like the example in assembly.</p>
	<p>What is a positive attitude? If I have a positive attitude, what actions might I display? What does a positive attitude “look” like to others? Developing a positive attitude starts from learning to believe in oneself. In order to believe in ourselves, we must first understand our personal strengths.</p> <p>Split students into pairs or threes and give them a die. Take turns rolling and completing the statement upon each roll (see resource sheet). How did the game make you feel? How is positive attitude linked to enthusiasm?</p>	<p>Paul was the example in assembly of someone who was enthusiastic. You could explore more about Paul in your session or take a look at Barnabas.</p> <p>Barnabas was Paul's companion on many of his journeys. The disciples called him this name, which means “encourager”. Perhaps the reason Paul was enthusiastic was partly because Barnabas was encouraging him along the way. Students could find out more about Barnabas in classroom Bibles (or resource sheet). They could write a letter from Barnabas to Paul, encouraging him to keep going, or write and act out a conversation between the two characters showing Barnabas encouraging Paul.</p>
Plenary:	<p>Perhaps one of the main reasons people struggle to be enthusiastic is that they're never truly present in the moment. They're always thinking about what they did wrong yesterday or last week. And if they're not focusing on the past, they're worrying about the future, and everything they've got on their to-do list. Perhaps they are comparing themselves to others and becoming anxious or jealous. Using social media can increase this stress. Discuss these ideas together.</p> <p>Finish by reminding everyone of the “I wills of enthusiasm” from the assembly: I will smile. I will treat every job as important. I will encourage other people. I will look after myself.</p>	